2016 Freshman Basketball Camp

Date:

June 6-10

Time: 2:30 - 4:00 pm INCOMING FRESHMAN BOYS 2016-17 SCHOOL YEAR Who: Cost: \$70 - Cost includes camp t-shirt. Location: McHenry High School West Campus main gym Staff: Varsity Boys Head Coach Tim Paddock and staff We would like to welcome your son to the high school by offering a camp for incoming freshman. This will give the coaching staff and I a chance to get to know your son and introduce him to our system. Our primary emphasis will be on developing fundamental skills in shooting, passing, dribbling, rebounding, and footwork. We will also spend time on team skills such as motion offense, transition offense, man-to-man defense, and toughness drills. Skills will be taught in an enthusiastic environment utilizing instructional stations. We think your son will greatly benefit from a week at our camp. Our goal is for him to have a great camp experience and to improve as a player within our system. Warrior Basketball Camp Sign-up Form Please sign-up online by May 27 to: Name _____ Phone # _____ Emergency phone # _____ Adult shirt size (circle) S M L XL **McHenry High School Dist. 156 or the coaching staff is not responsible for any injury or lost personal items that may result from attending camp. We encourage you to register online. Please complete the following steps to do so.

Go to our school website www.dist156.org, click on Athletics, then go to summer camps and find freshman boys basketball camp.