2023 SPRING FEEDER BASKETBALL RULES

Pressing:

No pressing is allowed at the 5th and 6th grade levels. A press is allowed at the 7th and 8th grade levels. No pressing is allowed if the lead is 15 or more points.

Defense:

No zone defense will be allowed at any level. Switching on defense and double-teaming is allowed. At the 7th and 8th grade level, a zone press is permitted in the back court; once the offense crosses into the front court, teams must drop into a man-to-man defense.

Timing:

- 1. The game shall consist of four seven-minute quarters and will stop on all whistles.
- 2. Half-time will be three minutes in length.
- 3. If a team is trailing by more than 20 points, the clock will not stop in the fourth quarter.
- 4. Each team will be permitted 3 time-outs per game with one additional time-out during OT.
- 5. Overtime will consist of a two (2) minute running clock with the clock stopping for only the last sixty (60) seconds of the first overtime period. If the teams are still tied at the end of the overtime period, the final overtime is sudden death; first team scoring wins, including free throws.

Personnel:

Each team is responsible to provide a designated representative to assist in keeping the score book or running the game clock. This must be an adult who will conduct themselves in a professional manner.

Conduct:

Two Flagrant fouls (2) (fighting, etc.) direct technical fouls during a game on any player, coach, or team representative will result in their disqualification from the subsequent game or disqualification from the tournament at the discretion of the tournament director. Tournament Director will make the final decision on any disqualifications.

Teams listed first will be considered home and will wear light colored jerseys.